



Test Your Epilepsy IQ

QUIZ YOUR FAMILY, FRIENDS AND CO-WORKERS TO HELP SPREAD EPILEPSY AWARENESS.



- How many people worldwide are estimated to have epilepsy?
 - 3 million
 - 25 million
 - 50 million
 - 75 million
 - 100 million
- Adding a second antiepileptic drug to your current treatment to help reduce partial-onset seizures is called:
 - Adjunctive therapy
 - Combination therapy
 - Early add-on therapy
 - Add-on treatment
 - All of the above
- Which of the following steps should NOT be taken if a friend or loved one is having a tonic-clonic seizure?
 - Ensure the person's head is protected
 - Turn the person onto his or her side
 - Give the person water
 - Make sure the person is safe and comfortable
 - Stay with the person until the seizure ends
- Which of the following factors is the most common seizure trigger?
 - Alcohol
 - Missed medication
 - Anxiety
 - Fever
 - Lack of sleep
- A PET scan is the abbreviated term for which of the following?
 - Positron emission tomography
 - Positive epilepsy treatment
 - Partial EEG tag
 - Positional epilepsy treatment
 - Personal epilepsy technology
- Which of these notable figures is NOT believed to have had seizures?
 - Benjamin Franklin
 - Vincent van Gogh
 - Napoléon Bonaparte
 - Harriet Tubman
 - Leo Tolstoy
- Which of the following is NOT a type of generalized seizure?
 - Tonic-clonic
 - Simple partial
 - Atonic
 - Myoclonic
 - Absence
- Which of the following are possible causes of epilepsy?
 - Alzheimer's disease
 - Stroke
 - Head injury
 - Genetic factors
 - All of the above
- Which of the following conditions affects the most people in the U.S.?
 - Parkinson's disease
 - Epilepsy
 - Multiple sclerosis
 - Cerebral palsy
 - Muscular dystrophy
- A neurologist specializing in the treatment of epilepsy is a:
 - General practitioner
 - Dermatologist
 - Surgeon
 - Epileptologist
 - Brainiac



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ANSWERS

- (c.)** 50 million. According to the World Health Organization, almost 90% of people with epilepsy are in developing countries.
- (e.)** All of the above. Studies have shown that among people with partial-onset seizures, adjunctive therapy—or adding a second AED—may provide better seizure control. It is also called combination therapy or early add-on therapy.
- (c.)** You should never attempt to give water, food or pills to a person having a seizure until he or she is fully alert. Safety is the most important consideration.
- (b.)** Although missed medication is the *most common* cause of breakthrough seizures, use of alcohol, anxiety, fever and lack of sleep are also common seizure triggers. Keeping a seizure diary may help to identify patterns of behavior that cause increased seizure activity.
- (a.)** A positron emission tomography (PET) scanner is a type of machine that produces images of the brain to help locate the area where seizures may originate.
- (a.)** Benjamin Franklin. Although there have been many famous people throughout history who are thought to have had epilepsy, Franklin is not among them.
- (b.)** Simple partial. Seizures are primarily classified into two main types: generalized, which involve both sides of the brain, and partial, which are limited to one area.
- (e.)** All of the above. Anything that injures the brain can lead to a seizure. In about half of the cases, there is no identifiable cause.
- (b.)** According to the Epilepsy Foundation, epilepsy is the third most common neurological disorder, after Alzheimer's disease and stroke.
- (d.)** An epileptologist is a general neurologist who has completed additional specialized training in epilepsy and predominantly treats epilepsy and other seizure disorders.

